

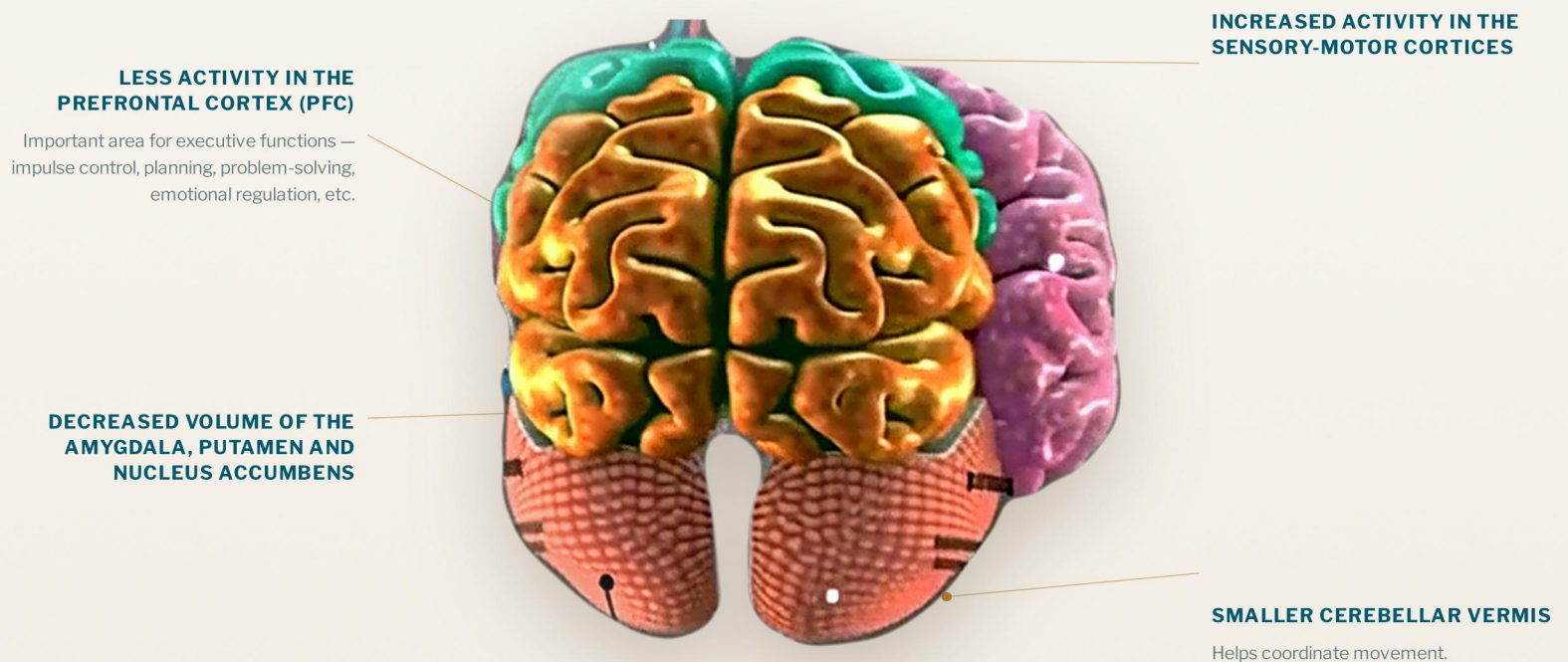
A 4-WEEK CLINICAL INTENSIVE · FAITH-INTEGRATED PRACTICE

BLACK. ADULT. CHRISTIAN. AND Just

ADHD.

You know the medication. You know the therapy.
But what about the transformation of the **Holy Spirit**?

WELL-DOCUMENTED DIFFERENCES IN ADHD BRAINS



CONQUER IT — DON'T JUST COPE WITH IT

“The spirit is willing, but the flesh is weak.”

MATTHEW 26:41

REAL TOOLS FOR **EXECUTIVE FUNCTION, IMPULSE CONTROL AND FOLLOW-THROUGH**
PRAYER · MEDICATION · THERAPY · DISCIPLINE — NONE OF THEM CANCEL THE OTHERS

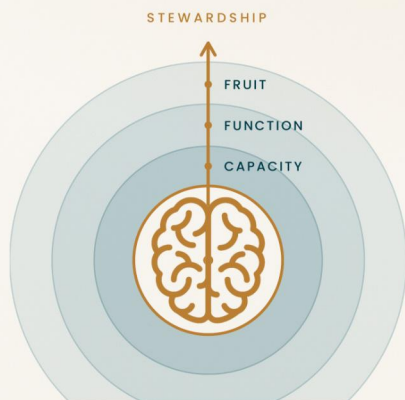
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THE THREE LAYERS

The Bible as your roadmap. The Holy Spirit as your engine.
Your training as the car. A more equipped you as the driver.

A 4-Week Clinical Intensive for Faith-Integrated Practice



Starts in the brain. Ends in fruit.

Treatment restores it · the Spirit drives it

Capacity ROMANS 12:1-2

What treatment restores. The brain God gave you, given what it needs.

Function 1 PETER 1:13

What systems convert. The structure that carries the capacity through an ordinary week.

Fruit JOHN 15:8

What only the Spirit grows. Direction, identity, perseverance — and much fruit.

You have sat across from this client. Some of you *are* this client. Either way you know the gap: the intention is real, the follow-through is not, and Scripture named it centuries before the DSM did. Your training explains that gap well. It cannot always move it. And for our community it did not begin with a diagnosis — it began with a discipline referral.

THE NUMBERS WE'VE BEEN LIVING UNDER

White individuals are about **26% more likely** to receive an ADHD diagnosis — while Black individuals are about **61% more likely** to be diagnosed with a conduct disorder instead.

Study of nearly 850,000 patient records, Scientific Reports, 2024

Adults who finally get diagnosed are **disproportionately White**. The number of Black adults diagnosed with ADHD in that same age range is described as comparatively negligible.

Scientific Reports, 2024

Even with a diagnosis and insurance, **Black young adults are less likely** than their White peers to receive medication or therapy.

Psychiatric Services, 2023

Career: High school graduates with ADHD had household incomes about **\$10,800 lower** than those without it — and were less likely to hold a full-time job.

Biederman, Harvard Medical School

Marriage: Researchers point to a relationship maladjustment rate of **nearly 60%**, with older adults with ADHD **twice as likely to divorce**.

Orlov, The ADHD Effect on Marriage

Read that first one again. We weren't diagnosed. We were disciplined.

The divergence is not the sin. The surrender is.

“But I say, walk by the Spirit, and you will not carry out the desire of the flesh. For the desire of the flesh is against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, in order to keep you from doing whatever you want.”

GALATIANS 5:16-17 · NASB

WHO THIS ROOM IS FOR

Adults living with ADHD, diagnosed or suspected · spouses, partners and parents · psychiatrists, psychologists, therapists and counselors · pastors, chaplains and biblical counselors · teachers, school counselors and special education staff · ADHD coaches, case managers and peer specialists · probation, diversion and school resource staff · foster and adoptive parents.

If you are both the practitioner and the person with ADHD, you are not an exception here — you are why this reads honestly.

WHAT TREATMENT CANNOT REACH

We come alongside every form of therapy and treatment that works. But treatment restores capacity — it does not supply direction. It will help you focus on anything, including the wrong thing.

FOUR SESSIONS

01 The willing spirit

Treat the body. Strengthen the spirit. Commit in the body, conquer through the Spirit.

02 Everyday stewardship

Abiding in Jesus. Thriving through systems.

03 Work & calling

Focused in Spirit-led action, not just participating in flesh-fulfilling activity.

04 Dating & marriage

Available, responsible and reliable — not just painfully present.

INVESTMENT

Our standard rate is \$397 per person. For churches, it's **\$297 per person** — and when the class fills, **10% of the proceeds** go to a cause of the church's choosing. Our preference: counseling hours or medication costs for someone working through their own ADHD.

Four sessions. Eight hours. The flesh is wasting. The inward man is being renewed. Come learn to live and practice from the one that's growing.

“It is God which worketh in you both to will and to do of his good pleasure.”

PHILIPPIANS 2:13 · HE WORKS ON BOTH SIDES OF THE GAP

Sources: Scientific Reports (2024); Psychiatric Services (2023); Biederman, Harvard Medical School; Orlov, The ADHD Effect on Marriage.

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